



May 2011

Community Shared Calendar of upcoming events for youth and young adults.

MON	TUE	WED	THU	FRI	SAT
2 Job Connection 4:00-6:00 PM	3 MAC Meeting 4:30-6:00 PM	4 MBS Mailing Day 1:00-5:00 PM RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM Education Now! 4:00-5:00 PM	5 Resume Bling 4:00-5:00 PM Job Connection 4:00-6:00 PM Housing Orientation 3:00-5:00 PM ▲ Housing Orientation	6 	7
9 Job Connection 4:00-6:00 PM Permanent Housing Class #1 4:00-6:00 PM ▲ Region 4 Chapter Mtg.	10 Career Planning 3:00-4:00 PM Transitional Housing Class #1 3:00-5:00 PM MAC Meeting 4:30-6:00 PM	11 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM Housing Orientation 3:00-5:00 PM Education Now! 4:00-5:00 PM	12 Organic Gardening 2:00-3:00 PM Elite Interviews 4:00-5:00 PM Job Connection 4:00-6:00 PM Movie Day 4:00-6:00 PM	13	14
16 Job Connection 4:00-6:00 PM Permanent Housing Class #2 4:00-6:00 PM	17 Transitional Housing Class #2 3:00-5:00 PM MAC Meeting 4:30-6:00 PM	18 W.A.G.E.S. Info Session 2:00 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM FAFSA Workshop 3:00-4:00 PM Education Now! 4:00-5:00 PM ¡Encuentre Empleo! 4:00-6:00 PM	19 W.A.G.E.S. Info Session 2:00 GED Overview 2:00-3:00 PM Resume Bling 4:00-5:00 PM Job Connection 4:00-6:00 PM Legal Clinic 4:00-6:00 PM	20	21
23 Job Connection 4:00-6:00 PM Transitional Housing Class #1 3:00-5:00 PM	24 MAC Meeting 4:30-6:00 PM	25 RAP Orientation 2:00-4:00 PM Working Your Money 3:00-4:00 PM Transitional Housing Class #2 3:00-5:00 PM FAFSA Workshop 3:00-4:00 PM Education Now! 4:00-5:00 PM	26 GED Overview 2:00-3:00 PM Housing Orientation 2:00-4:00 PM What's a Cover Letter? 4:00-5:00 PM Job Connection 4:00-6:00 PM	27	28
30  Memorial Day	31 MAC Meeting 4:30-6:00 PM Party in the Park 4:15-5:30 PM ▲ IL Employment Workshop	<div> See event descriptions on following page for eligibility, location and contact information. </div>		<div> YMCA Center for Young Adults *2100 Building* 2100 24th Avenue South, Suite 250 Seattle, WA 98144 </div>	



May 2011

CALENDAR EVENT DESCRIPTIONS

Career Planning: Make a goal, plan it out, and achieve the goal. Come learn the steps to obtaining a career. Contact **Nichole Johnson** at njohnson@esd.wa.gov or 206-721-6055

Education Now! Drop-in to study or get one-on-one help with your school goals, like researching careers and what education you need to get them, or learning about free and low-cost work training program opportunities! **Can't make a workshop? Come to Education Now to get the info you missed.** Contact **John Barbee** for more information at 206-749-7578 or jbarbee@seattleymca.org

Elite Interviews: Are your interview skills elite? This workshop will teach skills and techniques that will provide you with confidence going into your interviews. Contact **Glenn Leever** for more information at 206-749-7547 or gleever@seattleymca.org

¡Encuentre Empleo! ¿Estas buscando trabajo? Ven a este taller para darte un paso adelante en la búsqueda de trabajo. Vamos a repasar como hacer un curriculum vitae (CV) eficaz, y recursos para encontrar empleo. Para más información llame a **Glenn Leever** 206-749-7576, o por correo gleever@seattleymca.org

FAFSA Workshop: FAFSA Workshop is geared to assisting participants with what you need, when you need it by and how to complete the Free Application for Federal Student Aid (FAFSA). Financial assistance is available for students who are planning on attending college during the 2011– 2012 academic calendar year. Get your questions answered! Contact **John Barbee** for more information at 206-749-7578 or jbarbee@seattleymca.org

Free Legal Clinic: Come to the Center and tap into free legal advice from a real live lawyer. Sarah Lysons will be giving free legal advice on most civil issues such as benefits, housing, driving issues, debt/credit, identity theft and family law. Resources for full legal representation will be provided. Contact **Aaron Fox** for more information at 206-749-7586 or afox@seattleymca.org

Housing Class: Young Adults interested in YMCA housing must attend an orientation to find out about our housing, requirements, etc. Those interested in moving into YMCA housing following the orientation have 90 days to complete two Transitional Housing Classes. Young Adults interested in Permanent Housing subsidies must attend the orientation and two Permanent Housing classes. Contact **Center Staff** for more information at 206-749-7550.

▲ Housing Orientation: Young Adults interested in YMCA housing must attend an orientation to find out about our housing, requirements, etc. This special **off-site** orientation will be held at the **Orion Center**, 1828 Yale Ave and starts at **3:45 PM**. Contact **Yuri Sagawa** at ysagawa@seattleymca.org or 206-382-5018.

GED Overview: For participants who need help starting, completing and/or assistance with obtaining their GED (General Equivalency Diploma). A brief breakdown of the test itself, fees, locations and participants can ask questions. Sample questions and study guide review along with prep assistance available. For more information contact **John Barbee** at 206-749-7578 or jbarbee@seattleymca.org

▲ Independent Living Employment Workshop: This workshop is open to all foster youth ages 14-21 in King County. Did you know that setting goals are the map to your destination? Come join us and learn how to set goals and complete them successfully. Through easy practical principles this workshop will get you on the path from here to there! Workshop held at Green River Community College-Kent Campus, located at 417 Ramsey Way Ste. 112. Contact **Henry Jenkins** for more info at hjenkins@seattleymca.org or 206.749.7581

Job Connections: Bring your "A" game to your job search efforts. No more saying "I need a job but no one's hiring", if your expecting someone to knock on your door its just not going to happen. Come gain skills to improve you job searching. Contact **Corey Young** for more information at 206-749-7547 or cyoung@seattleymca.org

MAC Meeting: The Member Advisory Committee (MAC) is participant led and is involved in outreach, program development and evaluation to ensure the needs of YAS participants are being met. If you're a Center member and you're interested in leadership, public speaking and have creative ideas for the Center contact **Alex Okerman** at aokerman@seattleymca.org or 206-749-7549.

Mockingbird Society Mailing Day: Come join Mockingbird Society and YAS as we prepare the Mockingbird Times for disbursement. Enjoy good food, good music and good people while we stuff envelopes full of the Mockingbird Times. Contact **Aaron Fox** at afox@seattleymca.org or 206-749-7550 for more information.

May 2011

CALENDAR EVENT DESCRIPTIONS

Movie Day: You voted for it now come out and enjoy. Center members voted on some fun activities to take place at Young Adult Services and movie day was the number one pick. Come enjoy a new release DVD and snacks with staff and peers. Contact **Paula Carvalho** for more information at 206-749-7549 or pcarvalho@seattleyymca.org

Organic Gardening: A short intro to the importance of organic urban gardening, including a couple of short videos and some great healthy food! Contact **Jessica Reichard** at jreichard@seattleyymca.org or 206-749-7585 for more information.

Party in the Park: Come enjoy an afternoon at the park with staff and peers as we play games and eat some tasty treats. Members will meet at 4:30 at Young Adult Services then walk to a nearby park. Contact **Paula Carvalho** for more information at 206-749-7549 or pcarvalho@seattleyymca.org

RAP Orientation: The Rental Assistance Program (RAP) is designed to aid members of the YMCA Center for Young Adults with funds which will help in sustaining housing. Contact **Charmaine Jones** at cjones@seattleyymca.org or 206-749-7574 or **Aaron Fox** at afox@seattleyymca.org for more information.

▲ Region 4 Chapter Meeting: If you have something to say, share it!!!! Foster youth and former foster youth will be meeting to plan and engage in community activities, trainings and work together to change the foster care system and of course Have **FUN!!!!**. **Food will be provided!!** For more information contact **Jerry Bobo** at j.bobo@mockingbirdsociety.org or 206-838-6646.

Resume Bling: Have you added the "Bling" that can make your Resume shine? If not, come to the Resume Bling Workshop and learn the techniques to have your Resume shining bright. Contact **Glenn Leever** for more information at 206-749-7547 or gleever@seattleyymca.org

WAGES Info Sessions: Are you looking for a job? Or want to improve your job skills? The W.A.G.E.S. program can help. W.A.G.E.S. is a paid 8 week Job Readiness Program. Participants **MUST** attend the orientation class to be eligible. For more information contact **Corey Young** at cyoung@seattleyymca.org or 206-749-7547.

What's a Cover Letter?: A cover letter is usually the first contact you will have with an employer. In this workshop you will learn the importance of a proper cover letter and the skills to write a cover letter yourself. Contact **Glenn Leever** for more information at 206-749-7547 or gleever@seattleyymca.org

Working Your Money: Learn ways to spend your money on the things you need and the things you want. Plan a personal budget, learn the complex ways of the credit world and engage in conversations that help you obtain the material items and more importantly the necessities you need in day to day life. Contact **Aaron Fox** for more information at 206-749-7586 or afox@seattleyymca.org

YMCA Center for Young Adults is a community resource center for young adults who have experienced foster care or homelessness, ages 17-25. Located in the 2100 Building in south Seattle, The Center is a comfortable space where young adults can pursue their housing, education, and employment goals, meet other young people and relax. Most of the workshops provided will take place in The Center, unless otherwise stated.

Coming in June

- MAC Meeting Every Tuesday
 - School's Out BBQ
 - Mariners Game

▲ = OFFSITE Activities/Workshops

- | | |
|------|--------------------------------------|
| 5/5 | Housing Orientation—Seattle, WA |
| 5/9 | Region 4 Chapter Meeting—Seattle, WA |
| 5/31 | IL Employment Workshop—Kent, WA |

